



Turtle Creek Center

Monthly Schedule December 2018

11/19/2018 1:11:50 PM

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
						1 12:00 PM I made It market
2 11:30 AM Nationality Rooms	3 Lunch Social Visit 10:00 AM Yoga 12:15 PM Cards	4 Lunch Social Visit 9:00 AM SilverSneaker 1 10:00 AM SilverSneaker 2 11:00 AM Wii 12:15 PM Bingo 12:15 PM Cards	5 Lunch Social Visit 10:00 AM Tai Chi 12:00 PM Painting Class 12:15 PM Cards	6 Lunch Chorus Social Visit 9:00 AM SilverSneaker 1 10:00 AM SilverSneaker 2 11:00 AM Dr. from Forbes 12:15 PM Cards	7 Lunch Social Visit 10:00 AM Chair Exercise 12:15 PM Wii	8
9	10 Lunch Social Visit 12:00 AM Gingerbread Houses 10:00 AM Yoga 12:15 PM Cards	11 Social Visit 9:00 AM SilverSneaker 1 10:00 AM SilverSneaker 2 11:00 AM Lively Pittsburgh 11:00 AM Wii 12:15 PM Bingo 12:15 PM Cards	12 Lunch Social Visit 10:00 AM Tai Chi 12:00 PM Painting Class 12:15 PM Cards	13 Lunch Chorus Social Visit 9:00 AM Nurse /RN 9:00 AM SilverSneaker 1 10:00 AM SilverSneaker 2	14 Lunch Social Visit 10:00 AM Chair Exercise 11:00 AM Holiday Market/Santa Display 12:00 PM Wii	15
16	17 Lunch Social Visit 10:00 AM Yoga 12:15 PM Cards	18 Lunch Social Visit 9:00 AM SilverSneaker 1 10:00 AM SilverSneaker 2 11:00 AM Wii 12:15 PM Bingo 12:15 PM Cards	19 Lunch Social Visit 10:00 AM Tai Chi 11:00 AM Chorus Performance 11:00 AM Christmas Party 12:00 PM Painting Class 12:15 PM Cards	20 Lunch Social Visit 9:00 AM Nurse /RN 9:00 AM SilverSneaker 1 10:00 AM SilverSneaker 2	21 Lunch Social Visit 10:00 AM Chair Exercise 12:00 PM Wii	22
23	24	25	26 Lunch Social Visit 10:00 AM Tai Chi 12:00 PM Painting Class 12:15 PM Cards	27 Lunch Social Visit 9:00 AM Nurse /RN 9:00 AM SilverSneaker 1 10:00 AM SilverSneaker 2	28 Lunch Social Visit 10:00 AM Chair Exercise 12:00 PM Wii	29
30	31					