

Turtle Creek Senior Center
519 Penn Ave.
Turtle Creek PA 15145
(412) 824-6880



EAAS EVENTS CALENDAR



Manager, Jodi Trovato
Lee Sindorf
Bob Drost
Pat Milton



March, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
 FIRST DAY OF SPRING MARCH 20TH		Tai Chi - 10am LUNCH 11:30am Cards - 12pm Painting 12pm	Silver Sneakers - 9 & 10am LUNCH 11:30am	Yoga - 10am LUNCH 11:30am
6	7	8	9	10
Chair Exercise - 10am LUNCH 11:30am Cards - 12pm	Silver Sneakers - 9 & 10am LUNCH 11:30am * Bingo * - 12pm	Tai Chi - 10am LUNCH 11:30am Home Meds Educ 11:15 Cards - 12pm Painting 12pm	Silver Sneakers - 9 & 10am LUNCH 11:30am	Yoga - 10am LUNCH 11:30am
13	14	15	16	17
Chair Exercise - 10am LUNCH 11:30am Cards - 12pm Mental Aerobics 12:30pm	Silver Sneakers - 9 & 10am LUNCH 11:30am * Bingo * - 12pm	Tai Chi - 10am LUNCH 11:30am Cards - 12pm Painting 12pm	Silver Sneakers - 9 & 10am LUNCH 11:30am Fraud & Scams 11am	 Sunday @ 2:00am St. Patrick's Day Nickel Bingo 12:30
20	21	22	23	24
Chair Exercise - 10am LUNCH 11:30am Cards - 12pm Mental Aerobics 12:30pm	Silver Sneakers - 9 & 10am LUNCH 11:30am * Bingo * - 12pm Blood Pressure Screening - 10am	Tai Chi - 10am LUNCH 11:30am Home Meds Educ 12:00 Cards - 12pm Painting 12pm	Silver Sneakers - 9 & 10am LUNCH 11:30am **MOVIE DAY** ELVIS - 12:30 	Yoga - 10am LUNCH 11:30am
27	28	29	30	31
Chair Exercise - 10am LUNCH 11:30am Cards - 12pm Mental Aerobics 12:30pm	Silver Sneakers - 9 & 10am LUNCH 11:30am * Bingo * - 12pm	Tai Chi - 10am LUNCH 11:30am Occupational Therapy 11:30 Cards - 12pm Painting - 12pm	Silver Sneakers - 9 & 10am LUNCH 11:30am	Yoga - 10am LUNCH 11:30am Gardening - 12:30pm