



HOME DELIVERED MEAL MENU May 2023



May 1

Open Face
Meatloaf Sandwich
w/Gravy
Scalloped
Potatoes
Carrots
White Bread
Pineapple Tidbits

May 2

Pork Dijon
Whipped Potatoes
Stewed Tomatoes
w/Zucchini
Honey Wheat
Bread
Pear Cuts

May 3

Italian Meatballs
w/ Marinara Sauce
Cubed Butternut
Squash
Yellow Beans
Hot Dog Bun
Fudge Brownie
w/M&M's

May 4

Lemon Pepper Cod
Macaroni & Cheese
Sliced Beets
Rye Bread
Orange

May 5

Creole Chicken
Cauliflower
Brown Rice
Wheat Bread
Banana

May 8

Beef Tips w/Gravy
Whipped
Horseradish
Potatoes
Peas
Wheat Bread
Peach Cuts

May 9

Tuna Noodle
Casserole
Carrots
Whole Grain Roll
Tangerine
Graham Crackers

May 10

Chicken Divan
Brown Rice
Broccoli
Honey Wheat Bread
Apricots

May 11

Rotini w/Meat Sauce
Yellow Beans
w/Mushrooms
Italian Bread
Orange

May 12

Salisbury Steak w/Gravy
Savory Potatoes
Brussels Sprouts
Multi-Grain Bread
Fruit Cocktail

May 15

Beef Chili w/Beans
Carrots &
Cauliflower
Brown Rice
Oyster Crackers
Red Delicious
Apple

May 16

Roast Beef
w/Gravy
Buttered Noodles
Beets
Multi-Grain Bread
Orange

May 17

Chicken Breast w/
Mandarin Orange Glaze
Gourmet Potatoes
French Cut Green
Beans & Almonds
Dinner Roll
Pineapple

May 18

Meatloaf
w/Tomato Gravy
Garlic Whipped
Potatoes
Peas
Wheat Bread
Fruit Cocktail

May 19

Chicken Patty
w/Mozzarella Cheese
& Marinara Sauce
Broccoli
Italian Bread
Banana

May 22

Swiss Steak
w/Tomato-Onions
Scalloped
Potatoes
Vegetable Medley
Rye Bread
Peaches

May 23

Tuscan Chicken
Breast (spinach,
sundried tomatoes)
Butternut Squash
Beets
Italian Bread
Tangerine
Sugar Cookie

May 24

Roast Beef w/Gravy
Confetti Orzo
Steamed Cabbage
Yellow Delicious
Apple

May 25

Stuffed Pepper
Whipped Potatoes
Yellow Beans
Wheat Bread
Jelly roll

May 26

Beef Hot Dog w/Sauce
Hot Dog Bun
Mexican Corn
Tangerine

May 29

Chicken Breast
w/Gravy
Mashed Potatoes
Broccoli Florets
Dinner Roll
Yellow Delicious
Apple

May 30

4 Cheese Baked Ziti
Beets
Rye Bread
Orange

May 31

Meatloaf
w/Tomato Gravy
Cauliflower Florets
Yams w/Brown Sugar
Italian Bread
Peaches



Remember -
our fallen heroes.
They are the reason
that we are free.

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency. **In particular, there is a current shortage of turkey products; those meals may need to be substituted with chicken when necessary.**

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.