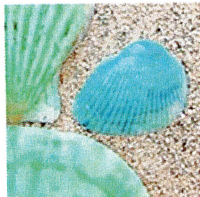


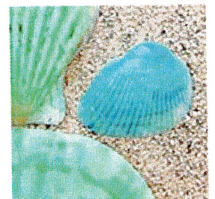


HOME DELIVERED MEAL MENU - August 2023

Nutrition, Inc.

August 1	August 2	August 3	August 4	
Cabbage Roll w/Tomato Sauce Garlic Whipped Potatoes Carrots Dinner Roll Little Debbie	Meatloaf w/Gravy Seasoned Potatoes Corn White Bread Fresh Fruit	Pork Loin w/Gravy Au Gratin Potatoes Warm Apples w/Oatmeal Topping Dinner Roll Fresh Fruit	Swiss Steak w/Tomato-Onion Sauce White Rice Winter Blend Warm Cinnamon Pears	
August 7	August 8	August 9	August 10	August 11
Chicken Patty w/Sauce & Cheese Brussels Sprouts Wheat Bread Warm Cinnamon Peaches	Stuffed Pepper Whipped Potatoes Yellow Beans Wheat Bread Cookie	Beef Tips w/Gravy Garlic Whipped Potatoes Peas Dinner Roll Mandarin Oranges	Teriyaki Chicken White Rice Broccoli Wheat Bread Fresh Fruit	Springs w/Meatballs Carrots White Bread Fresh Fruit
August 14	August 15	August 16	August 17	August 18
Hot Dog & Bun Cheesy Potatoes Green Beans Mixed Fruit	BBQ Lean Beef w/Wheat Bun Rice Winter Blend Veggies Peaches	Chicken Piccata Gourmet Potatoes Peas Wheat Bread Fresh Apples	Italian Meatloaf Ravioli w/Sauce Carrots Wheat Bread Fresh Fruit	Turkey w/Stuffing & Gravy Whipped Potatoes Brussels Sprouts White Bread Fruit Cup
August 21	August 22	August 23	August 24	August 25
Roast Beef & Gravy Buttered Noodles Mixed Veggies Wheat Bread Pineapple Tidbits Cookie	Cabbage Roll w/Tomato Sauce Garlic Whipped Potatoes Carrots Dinner Roll Fruit Cup	Tuscan Chicken Breast Parsley Potatoes Green Beans White Bread Fresh Seasonal Fruit Cookie	Salisbury Steak w/Mushroom Gravy Seasoned Potatoes Broccoli Wheat Bread Gelatin	Fiesta Chicken Breast w/Salsa & Cheddar Cheese Cilantro Lime Rice Black & Gold Corn Fresh Fruit
August 28	August 29	August 30	August 31	
Pork Loin w/Gravy Scalloped Potatoes Broccoli White Bread Cookie	Sweet & Sour Chicken w/Sauce White Rice Stir Fry Veggies Wheat Bread Mixed Fruit	Beef Tips w/Gravy Horseradish Whipped Potatoes Corn Wheat Bread Fresh Fruit	Chicken & Dumplings Seasoned Potatoes Yellow Beans Wheat Bread Fresh Fruit	





All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.