

**Turtle Creek Senior Center**  
**519 Penn Ave.**  
**Turtle Creek PA 15145**  
**(412) 824-6880**

# EAAS EVENTS CALENDAR

**Manager, Jodi Trovato**  
**Lee Sindorf**  
**Bob Drost**  
**Pat Milton**

## February

| Monday                                                                                                                          | Tuesday                                                                                                          | Wednesday                                                                                                                                     | Thursday                                                                                                                                                                    | Friday                                                                                                                                                                                                                                                             |
|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <br><b>February 19th</b><br>5                  | <br><b>February 14th</b><br>6   | Painting/Arts & Crafts<br>provided by CCAC this mo<br><br>7 | 1<br>Silver Sneakers - 9 & 10am<br><b>LUNCH 11:30am</b>                                                                                                                     | 2<br>Yoga - 10am<br><b>LUNCH 11:30am</b>                                                                                                                                                                                                                           |
| Chair Exercise - 10am<br><b>LUNCH 11:30am</b><br>Cards - 12pm<br><b>Lunch Lecture</b><br><b>Winter Blues</b>                    | Silver Sneakers - 9 & 10am<br><b>LUNCH 11:30am</b><br>Bingo - 12pm                                               | Tai Chi - 10am<br><b>LUNCH 11:30am</b><br>Cards - 12pm<br>Painting - 12:00                                                                    | Silver Sneakers - 9 & 10am<br><b>LUNCH 11:30am</b>                                                                                                                          | Yoga - 10am<br><b>LUNCH 11:30am</b><br><b>National Pizza Day</b><br><b>Pizza Picnic</b><br>  |
| 12<br>Chair Exercise - 10am<br><b>LUNCH 11:30am</b><br>Cards - 12pm                                                             | 13<br>Silver Sneakers - 9 & 10am<br><b>LUNCH 11:30am</b><br>Bingo - 12pm                                         | 14<br>Tai Chi - 10am<br><b>LUNCH 11:30am</b><br>Cards - 12pm<br>Painting - 12pm<br><b>Happy Valentines Day!</b>                               | 15<br>Silver Sneakers - 9 & 10am<br><b>LUNCH 11:30am</b>                                                                                                                    | 16<br>Yoga - 10am<br><b>LUNCH 11:30am</b>                                                                                                                                                                                                                          |
| 19<br>Chair Exercise - 10am<br><b>LUNCH 11:30am</b><br>Cards - 12pm<br><b>Lunch Lecture / SLEEP</b><br><b>Movie Day - 12:00</b> | 20<br>Silver Sneakers - 9 & 10am<br><b>LUNCH 11:30am</b><br><b>Blood Pressure Screening 10am</b><br>Bingo - 12pm | 21<br>Tai Chi - 10am<br><b>LUNCH 11:30am</b><br>Cards - 12pm<br>Painting - 12pm                                                               | 22<br>Silver Sneakers - 9 & 10am<br><b>LUNCH 11:30am</b><br><b>RIVERS CASINO TRIP</b>  | 23<br>Yoga - 10am<br><b>LUNCH 11:30am</b>                                                                                                                                                                                                                          |
| 26<br>Chair Exercise - 10am<br><b>LUNCH 11:30am</b><br><b>* No Activities after Lunch *</b>                                     | 27<br>Silver Sneakers - 9 & 10am<br><b>LUNCH 11:30am</b><br>Bingo - 12pm                                         | 28<br>Tai Chi - 10am<br><b>LUNCH 11:30am</b><br>Cards - 12pm<br>Arts & Crafts - 12pm                                                          | 29<br>Silver Sneakers - 9 & 10am<br><b>LUNCH 11:30am</b><br>                           | <b>MOVIE DAY FEB 19</b><br>                                                                                                                                                   |