

Turtle Creek Senior Center
519 Penn Ave.
Turtle Creek PA 15145
(412) 824-6880

EAAS EVENTS CALENDAR

Manager, Jodi Trovato
Lee Sindorf
Bob Drost
Pat Milton



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Silver Sneakers - 9 & 10am <i>LUNCH 11:30am</i> Bingo - 12pm	Tai Chi - 10am <i>LUNCH 11:30am</i> Cards - 12pm Painting 12pm	Silver Sneakers - 9 & 10am <i>LUNCH 11:30am</i>	Yoga - 10am <i>LUNCH 11:30am</i> PA Health & Wellness 11:30
8	9	10	11	12
Chair Exercise - 10am <i>LUNCH 11:30am</i> Cards - 12pm	Silver Sneakers - 9 & 10am <i>LUNCH 11:30am</i> Bingo - 12pm	Tai Chi - 10am <i>LUNCH 11:30am</i> Cards - 12pm Painting 12pm	Silver Sneakers - 9 & 10am <i>LUNCH 11:30am</i>	Yoga - 10am <i>LUNCH 11:30am</i>
15	16	17	18	19
	Silver Sneakers - 9 & 10am <i>LUNCH 11:30am</i> Bingo - 12pm	<i>LUNCH 12:00pm</i> (No Activities Today!)	Silver Sneakers - 9 & 10am <i>LUNCH 11:30am</i>	Yoga - 10am <i>LUNCH 11:30am</i>
22	23	24	25	26
Chair Exercise - 10am <i>LUNCH 11:30am</i> Cards - 12pm	Silver Sneakers - 9 & 10am <i>LUNCH 11:30am</i> Blood Pressure Screening 10:30 Bingo - 12pm	Tai Chi - 10am <i>LUNCH 11:30am</i> Cards - 12pm Painting 12pm	Silver Sneakers - 9 & 10am <i>NO LUNCH TODAY!</i> Encompass Health 11:30	Yoga - 10am <i>LUNCH 11:30am</i>
29	30	31	MOVIE DAY JAN 29	
Chair Exercise - 10am <i>LUNCH 11:30am</i> Cards - 12pm Lunch & Learn 11:30 <i>Movie Day 12:30</i>	Silver Sneakers - 9 & 10am <i>LUNCH 11:30am</i> Bingo - 12pm	Tai Chi - 10am <i>LUNCH 11:30am</i> Cards - 12pm Painting 12pm		The Center is Closed Jan 1st and Jan 15th!