

HOME DELIVERED MEAL MENU February 2024

Lent starts February 14th

February 1

Chili Dog w/Sauce
Green Beans
Hot Dog Bun
Fresh Fruit

February 2

Alfredo Tortellini
Spinach
Stewed Tomatoes
Fresh Fruit

February 5

Potato Crusted Fish
Mac & Cheese
Collard Greens
White Bread
Fruit Cup

February 6

Beef Stroganoff
Broccoli
White Bread
Warm Pears

February 7

Swedish Meatballs
w/Buttered Noodles
Butternut Squash
Wheat Bread
Mixed Fruit

February 8

Chicken Marsala
Brussels Sprouts
Wheat Bread
Warm Cinnamon
Peaches
Cookie

February 9

3 Cheese Pasta
Broccoli
Dinner Roll
Warm Peaches

February 12

Chicken Piccata
Gourmet Potatoes
Pea
Wheat Bread
Fresh Apple

February 13

Pulled Pork
Broccoli
Wheat Bun
Warm Cinnamon
Apples

February 14

Hot Dog w/Roll
Jambalaya Rice
Green Beans
Mixed Fruit

February 15

Winter Beef Stew
Brown Rice
Peas
Wheat Bread
Mandarin Oranges

February 16

Egg Omelet
w/Peppers & Onions
Potatoes O'Brien
Mini Biscuit
Fresh Seasonal Fruit

February 19

Pasta & Meatballs
Italian Green Beans
White Bread
Mandarin Oranges

February 20

Cabbage Roll
Garlic Whipped
Potatoes
Carrots
Dinner Roll
Applesauce

February 21

Tuscan Chicken
Breast
Parsley Potatoes
Green Beans
White Bread
Fresh Seasonal Fruit
Cookie

February 22

Roast Beef w/Gravy
Buttered Noodles
Mixed Vegetables
Wheat Bread
Fresh Fruit

February 23

Cheese Lasagna
Broccoli
Dinner Roll
Warm Peach Crisp

February 26

Beef Marsala
Whipped Potatoes
Green Beans
White Bread
Fresh Seasonal
Fruit

February 27

Bonnie's Chicken &
Rice (w/Peas &
Mushrooms)
Broccoli
Wheat Bread
Warm Pears

February 28

Italian Sausage
w/Hot Dog Roll
Pepper/Tomato/Onion
Spinach
Oatmeal Crème Pie

February 29

Orange Chicken
White Rice
Stir Fry Vegetables
Wheat Bread
Pineapple

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

