ALLEGHENY COUNTY
DEPARTMENT OF HUMAN SERVICES
AREA AGENCY ON AGING
NUTRITION DEPARTMENT

HOME DELIVERED MEAL MENU - August 2024

Nutrition, Inc.

			August 1	**August 2**
			Ham BBQ w/Hamburger Bun Potato Bean Soup Mandarin Oranges	**Black Bean Chili** Green Beans Rice White Bread Fresh Fruit
August 5	**August 6**	**August 7**	**August 8**	**August 9**
Turkey w/Stuffing & Gravy Whipped Potatoes Carrots White Bread Applesauce	**Cheeseburger w/Hamburger Roll** Seasoned Potatoes Peas Craisins	**Chicken Burrito Bowl** Lime Brown Rice Corn Salsa Tortilla Chips Cinnamon Peaches	**Eggplant Parm** Pasta Fagioli White Bread Fresh Fruit	**Chicken Bruschetta w/Mozzarella Cheese** Italian Potatoes Peas Wheat Bread Fresh Fruit
August 12	**August 13**	**August 14**	**August 15**	**August 16**
Homemade Meatloaf w/Gravy Sweet Potato Casserole w/Pecans Corn Wheat Bread Fruit Cocktail	**Pork w/Gravy** Pierogi w/Kraut Broccoli Wheat Bread Fruit Gel Cup	**Rosemary Chicken** Garlic Whipped Potatoes Brussels Sprouts White Bread Mandarin Oranges	**Chili Dog w/Hot Dog** Bun Chili Sauce Green Beans Fresh Fruit	**Alfredo Tortellini** Spinach Stewed Tomatoes Fresh Fruit Cookie
August 19	**August 20**	**August 21**	**August 22**	**August 23**
Battered Fish Red Beans & Rice Collard Greens White Bread Fruit Cup	**Beef Stroganoff** Egg Noodles Broccoli White Bread Warm Pears	**Swedish Meatballs** Sweet Potato Casserole w/Cranberries Buttered Noodles Wheat Bread Mixed Fruit	**Chicken Marsala** Brussels Sprouts Wheat Bread Warm Cinnamon Peaches Cookie	**Veggie Pizza Casserole** Broccoli Dinner Roll Warm Peaches
August 26	**August 27**	**August 28**	**August 29**	**August 30**
Hot Dog w/Roll Garlic & Herb Baby Bakers Lima Beans Wheat Bread Mixed Fruit	**Chicken Filet** w/Wheat Bun Broccoli Warm Cinnamon Apples	**Egg Omelet** w/Peppers & Onions Potatoes O'Brien Mini Biscuit Fresh Fruit	**Beef Stew** Peas Dinner Roll Warm Fruit Compote	**Chicken Piccata** Gourmet Potatoes Peas Wheat Bread Fresh Apple

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.