



Congregate Meal Menu

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
February 3	February 4	February 5	February 6	February 7
Maple Glazed Pork w/Cider Gravy Roasted Sweet Potatoes Balsamic Glazed Brussels Sprouts Bread w/Margarine Banana Pudding Graham crackers	Pub Steak Cheeseburger Broccoli w/Ranch dip Tomato Soup Fresh Orange	Ham & Cheese Frittata Greek Tossed Salad Roasted Red Potato Wedges Bread Greek Yogurt w/Berries	Orchard Salad with Chicken Salad w/Dressing Garlic Knot w/Margarine Greek Yogurt w/Berries	Macaroni & Cheese Strawberry Spinach Salad w/Dressing Garlic Green Beans Fig Newton cookie
February 10	February 11	February 12	February 13	February 14
Stuffed Pepper Broccoli Mashed Potatoes Bread w/Margarine Pound Cake w/Peaches	Broccoli & Cheese Stuffed Chicken Green Beans & Tomatoes Creamy Spinach Orzo Pasta Fresh Fruit Salad	Petite Beef Tenderloin Medallions Dilled Carrots Mashed Potatoes Bread w/Margarine Fresh Pear	Italian Hoagie Tossed Salad w/Dressing Fresh Apple	Mojo Marinated Cod Filet Coleslaw Corn & Sweet Potato Soup Cilantro Lime Brown Rice Fresh Orange
February 17	February 18	February 19	February 20	February 21
Firehouse Chili Broccoli Brown Rice Bread w/Margarine Fresh Cantaloupe	Chicken w/Gravy Broccoli & Cauliflower Roasted Potato Wedges Bread w/Margarine Apple Lorna Doone cookie	Stuffed Cabbage Roll Mashed Potatoes Green Beans Bread w/Margarine Greek Yoghurt w/Berries	Chicken Avocado Salad Salad w/Dressing Stuffed Pepper Soup Bread w/Margarine Fresh Fruit Salad	Spanish Omelette Diced Potatoes Peppers & Onions Croissant w/Margarine Fresh Fruit Salad
February 24	February 25	February 26	February 27	February 27
Meatloaf w/Gravy Mashed Potatoes Carrots Bread w/Margarine Banana Bread	Chicken Cordon Bleu Green Beans Vegetable Soup Bread w/Margarine Strawberry Banana Applesauce	Beef Stroganoff Tossed Salad w/Dressing Peas Rotini Pound Cake w/Berries	BBQ Turkey Flatbread Potato Salad Flatbread Fresh Cantaloupe	Sweet and Sour Salmon Asian Vegetables Brown Rice Bread w/Margarine Tropical Fruit

All meals include a choice of milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.