



Eastern Area
Adult Services

Serving You in Your Community

Senior Center Updates

March 2025

Hello Everyone,

Fundraising has become an essential part of everyday business for many Non -Profit Organizations and Eastern Area Adult Services is no exception. This year, we are embarking on several Fundraising Efforts in order to maintain the level of quality programming we provide to the Older Adults of the Turtle Creek Valley and surrounding areas. We are participating in the 2025 Highmark Walk for a Healthy Community this year and are sponsoring events at the Turtle Creek Center to support Eastern Area Adult Services. Please help us by supporting these events.

Thank you to everyone who supports our two Senior Centers as well as all of the services we provide to the community. Together, we can continue to fulfill our mission by providing quality programming in our communities.

Thank you,
Joseph Aul
Executive Director

Turtle Creek Senior Center

519 Penn Ave
Turtle Creek, PA 15145
412-824-6880
Monday – Friday 9am – 3pm

Weekly Activities



Monday

Chair Exercise - 10:00am

\$2.00 per class

Cards – 12:00pm

Tuesday

SilverSneakers – 9am & 10am

\$2.00 per class for non SilverSneaker members

Bingo - 12:00pm

Wednesday

Cards – 12:00pm

Painting – 12:00pm



Thursday

SilverSneakers – 9am & 10am

\$2.00 per class for non SilverSneaker members

Friday

Yoga – 10:00am

\$2.00 per class



Blood Pressure Screening

Monday March 17, 24, 31
at 9:15am



Turtle Creek Senior Center

519 Penn Ave
Turtle Creek, PA 15145
412-824-6880
Monday – Friday 9am – 3pm

Lunch and Learns

Monday March 10th
Oscar Movie Trivia



Friday March 14th
Aetna Presentation

Monday March 17th
Seasonal Allergies

Presented by; Duquesne Nursing School

Friday March 21st
Slogan Trivia



Monday March 24th
Exploring Hobbies & Interests

Presented by; Duquesne Nursing School



Monday March 31st
How to Talk to Your Doctor

Presented by; Duquesne Nursing School

All presentations listed will start at 11:45am

**Lunch is Served Daily at 11:30am
for a donation of \$2.00**

**Reservations must be made 2 days in advance by calling
the Turtle Creek Senior Center
at 412-824-6880**

Turtle Creek Senior Center

519 Penn Ave
Turtle Creek, PA 15145
412-824-6880
Monday – Friday 9am – 3pm

Upcoming Activities

Arts & Crafts

Monday March 3rd at 12:30pm

Project; TBA

Class and supplies provided by The Carnegie Library



Nacho Bar

Friday March 7th

12:00pm

Provided by: UnitedHealth Care



Print & Sculpt

Thursday March 6th

This is a 10 week class

10:00am – 12:00pm

See Attached Flyer for Details

Mini Bingo Bash

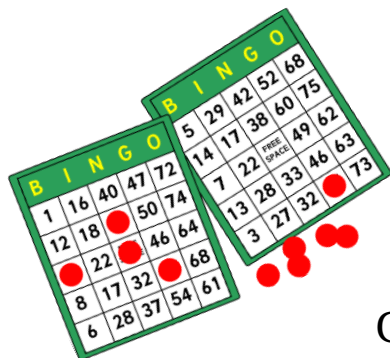
Wednesday March 26th

Lunch Starts at 11:30am

Bingo Starts at 12:30pm

Cost \$20.00 (if purchased by March 19th)

See Attached Flyer for Details



Karaoke Party & Dinner

Friday March 28th

4:30pm

Cost \$3.00

Singing is not required!!!!

Must be signed up by Friday March 19th



Turtle Creek Senior Center

519 Penn Ave
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412-824-6880
Monday – Friday 9am – 3pm



Upcoming Activities

Movie & Discussion

Friday March 14th at 12:30pm

Movie: Flow

Cat is a solitary animal, but as its home is devastated by a great flood, he finds refuge on a boat populated by various species, and will have to team up with them despite their differences. Rated PG, Runtime 1 hour 30mins

Movie & Discussion

Friday March 21st at 12:30pm

Movie: Gladiator 2

Years after witnessing the death of Maximus at the hands of his uncle, Lucius must enter the Colosseum after the powerful emperors of Rome conquer his home. With rage in his heart and the future of the empire at stake, he looks to the past to find the strength and honor needed to return the glory of Rome to its people Rated R, Runtime 2 hour 28mins

Volunteers Needed

The Swissvale Senior Center and Turtle Creek Senior Center have several volunteer options available. Volunteers are needed to help serve lunch, teach a class, deliver home delivered meals, and much more

If you are interested in volunteering please contact Jodi Trovato at 412-824-6880

Swissvale Creek Senior Center

7350 McClure Ave
Swissvale, PA 15218
412-731-6125
Monday, Wednesday
Friday 9am – 3pm

**Lunch is Served Daily at 11:30am for a donation of \$2.00
Reservations must be made 2 days in advance by calling the
Swissvale Senior Center at 412-731-6125**

Bingo

Every Monday, Wednesday, and Friday
at 12:15pm



Volunteers Needed

The Swissvale Senior Center and Turtle Creek Senior Center have several volunteer options available. Volunteers are needed to help serve lunch, teach a class, deliver home delivered meals, and much more

If you are interested in volunteering please
contact Jodi Trovato at 412-824-6880