ALLEGHENY COUNTY
DEPARTMENT OF HUMAN SERVICES
AREA AGENCY ON AGING
NUTRITION DEPARTMENT

NUTRITION, INC.

HOME DELIVERED MEAL MENU
MAY 2025

			May 1	**May 2**
			Beef Stew Peas Dinner Roll Warm Fruit Compote	**Cheese Egg Bites** Potatoes O'Brien Mini Biscuit Fresh Fruit
May 5	**May 6**	**May 7**	**May 8**	**May 9**
Pasta & Meatballs Italian Green Beans White Bread Raisins Little Debbie	**Cabbage Roll** Garlic Whipped Potatoes Carrots Dinner Roll Applesauce	**Tuscan Chicken Breast** Parsley Potatoes Green Beans White Bread Fresh Fruit Cookie	**Roast Beef & Gravy** Buttered Noodles Mixed Vegetables Wheat Bread Fresh Fruit	**Black Bean Chili** Green Beans Rice White Bread Fresh Fruit
May 12	**May 13**	**May 14**	**May 15**	**May 16**
Crab Cake Mac & Cheese Stewed Tomatoes Broccoli & Cauliflower Fruit Gel Cup	**Bonnie's Chicken & Rice** w/peas & mushrooms Broccoli Warm Pears Wheat Bread	**Italian Sausage *** w/ Hot Dog Roll Pepper Tomato Onion Cauliflower Oatmeal Crème Pie	**Beef Marsala** French Onion Rice Green Beans Fresh Fruit	**Vegetable Lasagna** Spinach Wheat Dinner Roll Warm Peaches
May 19	**May 20**	**May 21**	**May 22**	**May 23**
Chicken Parm Home Fries Peppers Onions & Tomatoes Dinner Roll Gelatin	**Mushroom Swiss Burger w/ Bun** Carrots Seasoned Potatoes Tropical Fruit Cup	**Pepper Steak w/Gravy** Buttered Spaetzle Broccoli Fresh Fruit	**Ham BBQ *** Hamburger Bun Potato Bean Soup Mandarin Oranges	**Stuffed Shells** Broccoli Dinner Roll Warm Peach Crisp Little Debbie
May 26	**May 27**	**May 28**	**May 29**	**May 30**
Turkey w/Stuffing & Gravy Whipped P...es Memorial Day Centers Closed	**Sesame Chicken** Brown Rice Broccoli Craisins	**Cheeseburger** Hamburger Roll Broccoli Soup Craisins	**Chicken & Dumpling** Brussels Sprouts Cinnamon Peaches	**Eggplant Parm** Pasta Fagioli White Bread Fresh Fruit

All meals include milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

3.25.25