ALLEGHENY COUNTY
DEPARTMENT OF HUMAN SERVICES
AREA AGENCY ON AGING
NUTRITION DEPARTMENT

NUTRITION, INC.

HOME DELIVERED MEAL MENU
June 2025

June 2	June 3	June 4	June 5	June 6
Meatloaf w/Gravy Mashed Potatoes Corn Wheat Bread Fruit Cocktail	**Pork w/Gravy*** Pierogi w/kraut Broccoli Wheat Bread Fruit Gel Cup	**Rosemary Chicken** Garlic Whipped Potatoes Brussels Sprouts White Bread Mandarin Oranges	**Chili Dog*** Green Beans Hot Dog Bun Fresh Fruit	**Alfredo Tortellini** Spinach Stewed Tomatoes Fresh Fruit Cookie
June 9	**June 10**	**June 11**	**June 12**	**June 13**
Sausage Pizza Casserole* Broccoli Dinner Roll Warm Peaches	**Beef Stroganoff** Egg Noodles Broccoli White Bread Warm Pears	**Swedish Meatballs** Mashed Potatoes Wheat Bread Fruit Compote	**Korean BBQ Chicken** Stir Fried Brown Rice Warm Cinnamon Peaches	**Battered Fish** Red Beans & Rice Collard Greens White Bread Fruit Cup
June 16	**June 17**	**June 18**	**June 19**	**June 20**
Hot Dog w/Roll* Garlic & Herb Baby Bakers Lima Beans Mixed Fruit	**Chicken Filet** Broccoli Wheat Bun Warm Cinnamon Apples	**Chicken Piccata** Buttered Noodles Peas Wheat Bread Fresh Orange	**Beef Stew** Peas Dinner Roll Warm Fruit Compote	**Cheese Egg Bites** Potatoes O'Brien Mini Biscuit Fresh Fruit
June 23	**June 24**	**June 25**	**June 26**	**June 27**
Pasta & Meatballs Italian Green Beans White Bread Raisins Little Debbie	**Cabbage Roll** Garlic Whipped Potatoes Carrots Dinner Roll Applesauce	**Tuscan Chicken Breast** Parsley Potatoes Green Beans White Bread Fresh Fruit Cookie	**Roast Beef & Gravy** Buttered Noodles Mixed Vegetables Wheat Bread Fresh Fruit	**Black Bean Chili** Green Beans Rice White Bread Fresh Fruit
June 30				
Crab Cake Mac & Cheese Stewed Tomatoes Broccoli & Cauliflower Fruit Gel Cup				

All meals include milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

Rev. 3/25/25