



## CONGREGATE MEAL MENU – REVISED August 2025

Metz Culinary Management

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|                                                                  |                                                                                                                                                |                                                                                                                                               |                                                                                                                             | <b>August 1</b><br><b>Greek Salad w/Salmon</b><br>French Onion Soup<br>Bread w/Margarine<br>Fresh Orange                           |
| <b>August 4</b><br><b>Peppered Egg Salad Sandwich</b><br>(w/bell peppers)<br>Baby Carrots<br>Garden Veggie Soup<br>Diced Peaches                  | <b>August 5</b><br><b>Chicken Cordon Bleu</b><br>Peas & Pearl Onions<br>Rosemary Roasted Potatoes<br>Bread w/Margarine<br>Fresh Fruit Salad    | <b>August 6</b><br><b>Firehouse Chili</b><br>Peppers & Onions<br>Brown Rice<br>Bread w/Margarine<br>Fresh Grapes                              | <b>August 7</b><br><b>Stuffed Pepper</b><br>Broccoli<br>Mashed Potatoes<br>Bread w/Margarine<br>Pound Cake w/Peaches        | <b>August 8</b><br><b>Vegetable Lasagna</b><br>Cauliflower & Peas<br>Tossed Salad w/Dressing<br>Bread<br>Oatmeal Cookie            |
| <b>August 11</b><br><b>Breaded Dill Chicken Sandwich</b><br>Tomato Cucumber Salad<br>Chickpea, Kale, Edamame,<br>Quinoa Blend<br>Fresh Cantaloupe | <b>August 12</b><br><b>Petite Beef Tenderloin Medallions</b><br>Carrots<br>Mashed Potatoes<br>Bread w/Margarine<br>Fresh Pear                  | <b>August 13</b><br><b>Chicken Avocado Salad</b><br>Sweet Pepper & Beef Soup<br>Bread w/Margarine<br>Diced Pineapple                          | <b>August 14</b><br><b>Lemon Pepper Cod</b><br>Broccoli<br>Parmesan Penne Pasta<br>Banana Bread w/Marg<br>Fresh Apple       | <b>August 15</b><br><b>Stuffed Cabbage Roll</b><br>Mashed Potatoes<br>Green Beans<br>Bread w/Margarine<br>Greek Yogurt w/Peaches   |
| <b>August 18</b><br><b>Meatloaf with Gravy</b><br>Mashed Potatoes<br>Green Beans<br>Bread w/Margarine<br>Jello                                    | <b>August 19</b><br><b>Turkey &amp; Smoked Gouda Sandwich</b><br>Potato Salad<br>Mediterranean Vegetable Soup<br>Sandwich Roll<br>Fresh Grapes | <b>August 20</b><br><b>REVISED -- Salisbury Steak</b><br>Mashed Potatoes<br>Maple Glazed Carrots<br>Bread w/Margarine<br>Pound Cake w/Berries | <b>August 21</b><br><b>Southern BBQ Chicken</b><br>Sautéed Greens<br>Macaroni & Cheese<br>Peach Applesauce                  | <b>August 22</b><br><b>Beef Barbacoa</b><br>Black Bean and Corn<br>Vegetable Blend<br>Brown Rice<br>Guacamole<br>Fresh Fruit Salad |
| <b>August 25</b><br><b>Raspberry BBQ Chicken</b><br>Succotash<br>Roasted Sweet Potatoes<br>Bread w/Margarine<br>Fresh Watermelon                  | <b>August 26</b><br><b>Swiss Steak</b><br>Broccoli<br>Mashed Potatoes<br>Bread w/Margarine<br>Chocolate Pudding                                | <b>August 27</b><br><b>Deli Plate</b><br>Broccoli Cheese Soup<br>Bread w/Margarine<br>Berry Vanilla Cookies<br>Fresh Cantaloupe               | <b>August 28</b><br><b>Korean BBQ Beef</b><br>Stir-Fried Vegetables<br>Stir-Fried Rice<br>Bread w/Margarine<br>Fresh Orange | <b>August 29</b><br><b>Stuffed Shells</b><br>Green Beans<br>Italian Seasoned Carrots<br>Diced Pears                                |

All meals include milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.