



CONGREGATE MEAL MENU - September 2025

Metz Culinary Management

September 1 Smothered Chicken Roast Chicken Broccoli w/Ranch Dip Bread w/Margarine Banana Pudding Labor Day Center Closed	September 2 Pub Steak Cheeseburger w/Bun Broccoli w/Ranch Dip Roasted Potato Wedges Fresh Apple	September 3 Hawaiian Chicken Stir Fried Veggies Coconut Brown Rice Tropical Fruit	September 4 Stuffed Pepper Mashed Potatoes Broccoli Bread w/Margarine Pound Cake w/Peaches	September 5 Greek Salad with Salmon French Onion Soup Bread w/Margarine Fresh Orange
September 8 Broccoli Cheese Stuffed Chicken Rosemary Roasted Potatoes Peas & Pearl Onions Bread w/Margarine Fresh Fruit Salad	September 9 Sausage & Peppers w/Hoagie Roll Diced Potatoes Peppers & Onions Jello	September 10 Firehouse Chili Chuckwagon Corn Brown Rice Bread w/Margarine Fresh Pineapple	September 11 Grilled Chicken Salad Tomato Soup Macaroni & Cheese Peach Applesauce	September 12 Vegetable Lasagna Cauliflower & Peas Salad & Dressing Bread Oatmeal Cookie
September 15 Breaded Dill Chicken Sandwich w/Roll Tomato Cucumber Salad Blend: Chickpea, Kale, Edamame, Quinoa Fresh Cantaloupe	September 16 Petite Beef Tenderloin Marsala Mashed Potatoes Carrots Bread w/Margarine Fresh Pear	September 17 Chicken Avocado Salad & Dressing Sweet Pepper & Beef Soup Bread w/Margarine Diced Pineapple	September 18 Lemon Pepper Cod Parmesan Penne Pasta Broccoli Banana Bread w/Margarine Fresh Apple	September 19 Stuffed Cabbage Roll Mashed Potatoes Green Beans Bread w/Margarine Greek Yogurt w/Peaches
September 22 Meatloaf with Gravy Mashed Potatoes Green Beans Bread w/Margarine Jello	September 23 Turkey & Smoked Gouda Sandwich Coleslaw Mediterranean Vegetable Soup Fresh Grapes	September 24 Meat Lasagna Salad w/Dressing Italian Veggie Blend Breadstick Chocolate Chip Cookie	September 25 BBQ Chicken Sauteed Onions Buttered Chuckwagon Corn Bread w/Margarine Strawberry Applesauce	September 26 French Onion Beef Sandwich Italian Baby Baked Potatoes Buttered Carrots Fresh Fruit Cup
September 29 Raspberry BBQ Chicken Roasted Sweet Potatoes Succotash Sandwich Roll Fresh Watermelon	September 30 Swiss Steak Mashed Potatoes Broccoli Bread w/Margarine Chocolate Pudding			

All meals include milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.