



HOME DELIVERED MEAL MENU

October 2025

Nutrition, Inc.

October 1		October 2		October 3
Cheeseburger w/Bun Broccoli Soup Craisins		French Onion Chop Steak Mashed Potatoes Asparagus & Peppers Wheat Bread Cookie		Eggplant Parm Pasta Fagioli White Bread Fresh Seasonal Fruit
October 6	October 7	October 8	October 9	October 10
Meatloaf w/Gravy Mashed Potatoes Corn Wheat Bread Fruit Cocktail	PORK w/GRAVY* Pierogi w/Kraut Broccoli Wheat Bread Fruit Gel Cup	Jerk Chicken Fiesta Rice Corn Medley Mandarin Oranges	CHILI DOG w/BUN* Green Beans Apple Pie	Alfredo Tortellini Spinach Stewed Tomatoes Fresh Fruit Cookie
October 13	October 14	October 15	October 16	October 17
Swedish Meatballs Mashed Potatoes Wheat Bread Fruit Compote	Sliced Beef Bourguignon Garlic Mashed Potatoes Broccoli White Bread Pears	Korean BBQ Chicken Stir Fried Rice Broccoli Cookie Peaches	Stuffed Pepper Garlic Whipped Potatoes Carrots Dinner Roll Fresh Fruit	Battered Fish Red Beans & Rice Collard Greens White Bread Fresh Fruit
October 20	October 21	October 22	October 23	October 24
HOT DOG w/BUN* Garlic & Herb Baby Bakers Lima Beans Mixed Fruit	Chicken Filet w/Bun Broccoli Warm Cinnamon Apples	Chicken Piccata Buttered Noodles Peas Wheat Bread Orange	Beef Stew Peas Dinner Roll Warm Fruit Compote	White Bean Chili Brown Rice Carrots Fresh Seasonal Fruit
October 27	October 28	October 29	October 30	October 31
SAUSAGE PIZZA CASSEROLE* Broccoli Dinner Roll Warm Peaches	Cabbage Roll Garlic Whipped Potatoes Carrots Dinner Roll Applesauce	Marry Me Chicken Parsley Potatoes Green Beans White Bread Fresh Seasonal Fruit Cookie	Roast Beef & Gravy Buttered Noodles Mixed Vegetables Wheat Bread Fresh Fruit	Mexican Baked Haddock Yellow Rice Refried Beans Fresh Seasonal Fruit

All meals include milk. Menus are subject to change, if necessary, due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

NOTE: Meals marked with an * behind the entrée **contain pork**.

Rev. 8.27.25

