



HOME DELIVERED MEAL MENU - August 2026

Nutrition, Inc.

August 3	August 4	August 5	August 6	August 7
Sausage Pizza Casserole* Broccoli Dinner Roll Warm Peaches	Homemade Cabbage Roll w/Tomato Sauce Whipped Potatoes Carrots Dinner Roll Fresh Fruit	Mushroom Swiss Burger Carrots Seasoned Potatoes Hamburger Bun Tropical Fruit Cup	Chicken & Rice w/peas & mushrooms Broccoli Wheat Bread Warm Pears	Cheese Omelet Peppers Onions Potatoes O'Brien Mini Biscuit Fresh Seasonal Fruit
August 10	August 11	August 12	August 13	August 14
Creamy Mushroom & Garlic Meatballs Brown Rice Peppers/Onions/Tomato Fruit Cup Cookie	Pepper Steak w/Gravy Buttered Pasta Broccoli Fresh Fruit	Turkey Chili Carrots White Bread Warm Peaches	Chicken Corn Chowder Green Beans Biscuit Fresh Seasonal Fruit	Vegetable Lasagna Broccoli Wheat Dinner Roll Warm Peaches
August 17	August 18	August 19	August 20	August 21
Meatloaf w/Gravy Mashed Potatoes Corn Wheat Bread Fruit Cocktail	Chicken Parm Broccoli/Cauliflower Soup Wheat Bread Mandarin Oranges	Pork w/Gravy* Mashed Potatoes Broccoli Wheat Bread Fresh Fruit	Teriyaki Meatballs Brown Rice Broccoli Darlington Cookie Fresh Fruit	Alfredo Tortellini Spinach Stewed Tomatoes Fresh Fruit Cookie
August 24	August 25	August 26	August 27	August 28
Swedish Meatballs Mashed Potatoes Wheat Bread Warm Pears	Chicken Stew Peas Biscuit Fresh Fruit	Korean BBQ Chicken Stir Fried Rice Broccoli Cookie Warm Peaches	Salisbury Steak & Gravy Whipped Potatoes Carrots Dinner Roll Fresh Fruit	Battered Fish Red Beans & Rice Collard Green White Bread Fresh Fruit
August 31				
Hot Dog* w/ Bun Parsley Potatoes Green Beans Mandarin Oranges				

All meals include milk. Menus are subject to change if necessary due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

NOTE: Meals marked with an * behind the entrée name contain pork.

7.10.26

