



HOME DELIVERED MEAL MENU – September 2026

Nutrition, Inc.

	September 1	September 2	September 3	September 4
	Chicken Filet Sandwich Broccoli Warm Cinnamon Apples	Beef Meatball Bourguignon Mashed Potatoes Broccoli White Bread Pears	Fr. Onion Beef Steak Brussels Sprouts Mashed Potatoes Wheat Bread Oatmeal Crème Pie	White Bean Chili Brown Rice Carrots Fresh Seasonal Fruit Cookie
September 7	September 8	September 9	September 10	September 11
Sausage Pizza Casserole* Broccoli Dinner Roll Warm Peaches	Homemade Cabbage Roll w/Tomato Sauce Whipped Potatoes Carrots Dinner Roll Fresh Fruit	Mushroom Swiss Burger Carrots Seasoned Potatoes Hamburger Bun Tropical Fruit Cup	Chicken & Rice w/peas & mushrooms Broccoli Wheat Bread Warm Pears	Cheese Omelet Peppers Onions Potatoes O'Brien Mini Biscuit Fresh Seasonal Fruit
September 14	September 15	September 16	September 17	September 18
Creamy Mushroom & Garlic Meatballs Brown Rice Peppers/Onions/Tomato Fruit Cup Cookie	Pepper Steak w/Gravy Buttered Pasta Broccoli Fresh Fruit	Turkey Chili Carrots White Bread Warm Peaches	Chicken Corn Chowder Green Beans Biscuit Fresh Seasonal Fruit	Vegetable Lasagna Broccoli Wheat Dinner Roll Warm Peaches
September 21	September 22	September 23	September 24	September 25
Meatloaf w/Gravy Mashed Potatoes Corn Wheat Bread Fruit Cocktail	Chicken Parm Broccoli/Cauliflower Soup Wheat Bread Mandarin Oranges	Pork w/Gravy* Mashed Potatoes Broccoli Wheat Bread Fresh Fruit	Teriyaki Meatballs Brown Rice Broccoli Darlington Cookie Fresh Fruit	Alfredo Tortellini Spinach Stewed Tomatoes Fresh Fruit Cookie
September 28	September 29	September 30		
Swedish Meatballs Mashed Potatoes Wheat Bread Warm Pears	Chicken Stew Peas Biscuit Fresh Fruit	Korean BBQ Chicken Stir Fried Rice Broccoli Cookie Warm Peaches		

All meals include milk. Menus are subject to change, if necessary, due to supply and/or emergency.

Please be advised that food served may contain one of the following ingredients: milk, egg, fish (cod, tilapia), crustacean shellfish (crab, shrimp), tree nuts (almonds, pecans, walnuts), wheat, peanuts, soybeans.

NOTE: Meals marked with an * behind the entrée **contain pork**.

Rev 7.28.26